

## **ITPCCNC Course Objectives**

### **Unit 1. Introduction**

- Course Objectives
- Resources
- Bibliography
- Course Expectations

### **Unit 2: The Role of CCNC (20 hours)**

#### **Public Health Nursing in Child Care**

- Describe the role of the CCNC
- Identify the qualifications of a CCNC
- Identify the three core functions of public health and the levels of population based practice
- Identify ten common public health nursing interventions
- Identify the four levels of the MCAH pyramid of services
- Identify the national and state performance measures related to child health in which CCNCs have influence
- Identify nursing assessment, planning, implementation, and evaluation activities the CCNC may conduct
- Identify activities of child care nurse consulting and the relationship to the nursing process

#### *Public Health Nursing in Child Care Written Assignment*

#### **Introduction to Iowa Child Care**

- Identify the regulatory authority for child care
- Identify difference between child care licensure and registration
- Identify difference between regulation and best practice
- Identify the role of the CCNC and collaboration with DHS regulatory staff
- Complete *Essential Series Health and Safety Modules* (12 hours)

#### *Meet a Consulting Colleague Assignment*

### **Unit 3: Building Consultation Skills (10 Hours)**

- Identify and describe the CCNC role as an advocate for health and safety in the child care setting
- Identify three techniques for being an effective advocate with child care providers
- Identify three techniques for being an effective advocate with families to secure needed health services for a child

- List three strategies the CCNC can offer to achieve cultural and linguistic competence in the child care setting
- Identify key components for effective communication with diverse audiences
- Distinguish between behaviors that build professional and personal relationships
- Build mutual respect by identifying three caregiver strengths for every need
- Use effective praise to encourage strengths by linking caregiver behavior to child outcome
- Build mutual respect by using active listening to support caregiver goal setting

*Consultation Skills Assignment*

**Business Partnership Agreement and Owner/Director Survey**

- Identify and describe informed consent in child care nurse consultation and the role of the Business Partnership Agreement
- Identify the role of the Owner/Director Survey in the admission assessment
- Locate resources for referring providers and parents in need of additional information or health services
- Identifying knowledge deficits through the Owner/Director Survey and how to utilize this in the initial stages of consultation

*Business Partnership Agreement and Survey Assignment*

**Unit 4: Infectious Disease in Child Care (12 Hours)**

- Identify the types of infectious diseases documented in child care facilities
- Identify infectious diseases that show an increased incidence in child care facilities
- Describe patterns of occurrence of infectious disease in child care facilities
- Describe the consequences of increased incidence of infectious disease in child care facilities
- Identify modes of transmission of infectious disease most prevalent in child care facilities
- Identify factors that facilitate transmission of infectious disease in child care facilities
- Identify preventive measures, including immunizations, to reduce the spread of infectious disease in child care facilities
- Identify policies needed to address preventing the spread of infectious disease in child care facilities

*Infection Control Assignment*

*Infection Control Practice with Instructor*

## **Infectious Diseases in Child Care – Immunizations**

- Identify the immunizations required for enrollment in child care
- Identify primary person responsible for assuring all enrolled children meet the state regulation for immunization
- Identify the difference between immunizations required for enrollment and immunizations needed to prevent disease
- Identify 2 community resources where immunizations may be obtained

### *Immunization Assignment*

## **Caring for Ill Children**

- Compare advantages and disadvantages of care arrangements available to parents of children who are ill or temporarily disabled
- Describe the dilemmas faced by parents/guardians, child care providers and health care providers with respect to children who are ill or temporarily disabled
- Describe specific ways to improve communication among parents/guardians, child care providers, and health care providers in order to reduce friction over conflicting needs
- List concerns and assumptions of caregivers and families to be addressed before developing policies and procedures for handling children who are ill or temporarily disabled

### *Care of Mildly Ill Children Onsite Interview and Written Assignment*

## **Unit 5: Environmental Health in Child Care (4 Hours)**

- Describe why children are uniquely vulnerable to environmental hazards
- Describe neuro-developmental impact of lead exposure for children
- Identify the leading environmental health risks to children
- Describe the effects of hazardous exposure on children's health and ways to prevent exposure and manage hazards

### *Environmental Health Assignment*

## **Unit 6: Injury Prevention in Child Care (16 Hours)**

- Describe developmental considerations in injury prevention
- List actions the child care provider can take to help reduce the risk of injury
- List four ways child care providers can reduce the risk of poisoning in child care
- Identify three national outdoor play environment safety resources.
- Describe the elements of supervision
- Describe the elements of age appropriate design in playground equipment
- Describe the types, maintenance and necessary depth of appropriate fall surfacing

- Describe the elements equipment maintenance

*Playground Safety Assignment*

*Injury Prevention Checklist Onsite with Preceptor*

### **Unit 7: Training and Curriculum Development (12 hours)**

- Describe four attributes of a positive adult learning experience
- List the four steps and corresponding tasks in the Instructional Systems Development (ISD) process and describe the reasons for using them
- Use the ISD process and templates to develop a training program
- Deliver a developed training session to child care providers or related audience

*Observe a training and evaluation*

*Complete application process with CCR&R as a trainer*

*Deliver a training session to childcare providers*

### **Unit 8: Nutrition and Physical Activity in Child Care (10 hours)**

- Identify components of a nutrition plan and steps in reviewing one for child care
- Describe nutritional needs for healthy growth and development in infants/children
- Describe how child care providers can support breastfeeding for infants in child care
- Evaluate child care menus; considering age and development of children, nutritional content and variety of foods, cultural or ethnic differences, number of hours children are on site, and the Child and Adult Care Food Program (CACFP) requirements
- Identify the benefits of regular physical activity for children
- List strategies to promote healthy eating habits and physical activity in children
- Identify areas where the CCNC can advocate and assist in planning for quality physical activity program for infants and children in child care
- Identify areas where the CCNC can advocate and assist in planning for quality nutrition programs for infants and children in child care
- Identify four key elements to prevent the spread of food-borne illness
- Describe modes of cross contamination to food
- Describe correct food storage temperatures for refrigerator, freezer, hot foods and cold foods
- Identify conditions which would restrict staff from handling/Preparing food

*Nutrition and Physical Activity Case Scenario*

## **Unit 9: Caring for Children with Special Needs (8 hours)**

- Describe the role of the CCNC in assisting child care providers caring for children with special needs
- Identify *Caring for Our Children (CFOC)* standards for caring for children with special needs in childcare settings. List specific CFOC standards related to *Special Needs Assignment*
- Identify benefits of and challenges to early childhood inclusion
- Identify developmentally appropriate practices that form a foundation for early childhood inclusion
- Describe integrated therapy and how best to work with an early intervention team

*Caring for Children with Special Needs Assignment*

## **Unit 10: Social Emotional Health and Child Development in Child Care (10 hours)**

- Describe Adverse Childhood Experiences (ACEs)
- Describe Positive Behavioral Interventions and Supports (PBIS)
- Describe how to build a strong caregiver-child relationship
- Describe ways the caregiver can support children's resiliency
- List important risk factors for child social and emotional problems
- List behavioral "red flags" that indicate social and emotional difficulties
- Describe the factors to consider when interpreting the causes of troubling behavior
- Identify the areas of child development
- Apply knowledge of areas of development to specific play items to determine appropriate play, supervision, social-emotional support and precautions

*Social Emotional Health and Child Development Onsite Observation Assignment*

## **Unit 11: Caring for Children's Oral Health in Child Care (4 hours)**

- Describe national trends in the incidence of children's oral health problems and needs
- Describe early childhood stages of oral development
- Explain major oral health problems
- Explain key prevention strategies for oral disease and infections
- Identify recommended best practice methods for storing children's toothbrushes
- Identify ways to respond to dental emergencies
- Describe barriers and factors affecting access to dental care

*I-Smile Coordinator Interview and Oral Health Assignment*

## **Unit 12: Quality in Child Care (18 hours)**

- Identify three basic components of quality care

- Compare and contrast the component of quality care with the findings from the Midwest Research Consortium and your experience in Iowa child care
- Identify the Iowa QRS domains, purpose, and basic structure
- Identify ways child care providers can earn points under the health and safety domain of the Iowa Quality Rating System (QRS) and the CCNC's role
- Identify required components of the Iowa Quality For Kids (IQ4K) and the CCNC role

#### *QRS Tools with Preceptor*

### **Child Record Review**

- Compare and contrast the health information childcare providers should keep for regulation, with best practice recommendations.
- Identify the steps in the Child Record Review process utilizing the *CCNC Role Guidance*
- Complete a Child Record Review accurately and completely
- Refer children to appropriate community services and health care providers for additional preventive and supportive services
- Assist families in securing needed services through the referral and care coordination process

### **Health and Safety Assessment**

- Identify written child care policy and personnel practices needed to insure the health and safety of children enrolled in child care
- Compare and contrast the components of health and safety policies and practices in regulation with best practice recommendations
- Identify the steps in the Health and Safety Assessment process utilizing the *CCNC Role Guidance*
- Complete a Health and Safety Assessment accurately and completely

### **Health and Safety Checklist for Early Care and Education Programs**

- Identify the steps in the Health and Safety Checklist process utilizing the *CCNC Role Guidance*
- Complete a Health and Safety Checklist accurately and completely